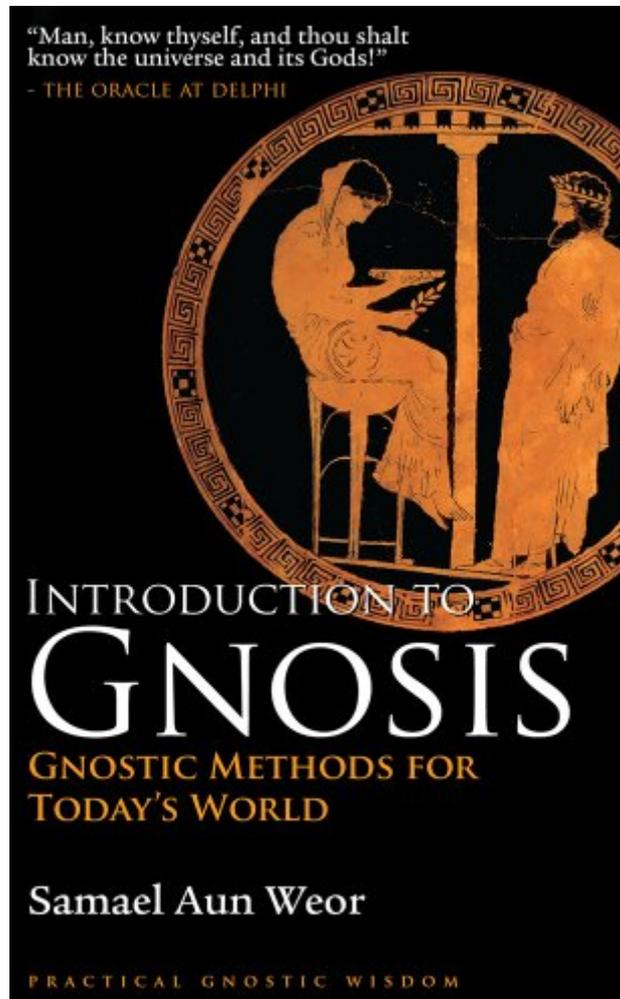


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# Introduction To Gnosis



## Synopsis

In ancient times, the Gnostics sought for salvation through personal, experiential knowledge of the Divine. Their methods of self-reliance and their sublime knowledge profoundly impacted society, such that the dominant powers felt threatened and the tradition was forced to disappear from public view. Now, after centuries of obscurity, the Gnostics have re-emerged, still carrying their profound message of Gnosis: knowledge of self and the Divine. In a simple and elegant way, Samael Aun Weor explains the basic methodology for people in today's world to begin to approach the greater mysteries of the Gnostics. In this basic and practical guide, Samael Aun Weor offers a breadth of exercises guiding the reader to discover within themselves a wealth of insight and understanding. Gnosis, after all, is Greek for knowledge, and the seeker is told, "Know thyself, and thou shalt know the universe and its Gods." "A great author deduced that the human being needs eight important things in life: health and the conservation of life, nourishment, sleep, money and the things money can buy, life in the beyond, sexual satisfaction, the well-being of his children, and a sense of proper importance. We synthesize these eight things into three: 1. Health 2. Money 3. Love "If you really want to acquire these three things, you should study and practice everything that this course teaches you. We will show you the path of success." - Samael Aun Weor Includes the lecture "How to Make Light Within" and the pamphlet "Marriage, Divorce, and Tantra." Topics include: An Exercise to Control Your Anger; The Power of Thought; Mental Force; Concentration of the Mind; The Law of Karma; Favorable Circumstances; The Descent of Cosmic Vibration; Prana; The Names of the Tattvas; Properties of the Tattvas; Money; Clairvoyance; Alcoholism; Meditation and Intoxication; Osmotherapy; Mental Relaxation; Concentration; Meditation; Contemplation; The Universal Mind; Imagination and Will; Mental Action; Mental Epidemics; Mental Hygiene; Vegetarian Diet; Self-observation; Chatter; "â œlâ™s" in the Five Centers; Matrimony, Divorce, and Tantra; and more.

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## Customer Reviews

Gnosis is a Greek word for 'direct, experiential knowledge'. This is a loving and very powerful introduction to the study and practise of Gnosis. The book is divided into nine short lessons, each of which includes an invigorating daily practise as a conclusion. Some of the lessons include "The Power of Thought", "The Law of Karma", "Money", "Mental Action", "Meditation and Intoxication", and "Death". These lessons are clear and moving; they are about modern life here and now, without any ambiguous spiritual chatter at all. To share, here is the opening paragraph from Lesson One: "It is necessary to be successful in life. If you want to be successful, you should begin by being sincere with yourself: recognize your own errors. When we recognize our errors we are on the path to correcting them. Everyone who corrects his own errors is inevitably successful. The businessman who daily blames others for his own failures and never recognizes his own errors will not be successful. Remember that the greatest criminals consider themselves to be saints. If we visit a penitentiary we will prove to ourselves that none of the criminals consider themselves guilty. Almost all of them say to themselves, "I am innocent." Don't make the same mistake. Have the courage to recognize your own errors. Thus will you escape greater evils." This chapter (which is a few paragraphs longer), ends with a simple exercise called "An exercise to control your anger". I hope you enjoy this book.

In this book Samael takes the reader through nine lessons on diverse psychological and philosophical teachings. It is mainly a book for people who wish to achieve success in their life. He talks to you on a one-on-one level. LESSONS INCLUDE:-An Exercise to Control Anger, The Power of Thought, Mental Force, Concentration of the Mind, The Law of Karma, Favorable Circumstances,

The Descent of Cosmic Vibration, Prana, The Names of the Tattwas, Tattwic Timetable, Properties of the Tattwas, Money, Clairvoyance, Alcoholism, Initiation, Intoxication, Death, Psychology of the Drunkard, The Home, Alcoholic Larvae, Osmotherapy, Treatment, Mental Relaxation, Concentration, Meditation, Contemplation, The Universal Mind, Imagination and Will, Mental Action, Mental Epidemics, Mental Hygiene, Origins of the Universal Mind...and an Appendix and Epilogue entitled Vegetarian Diet and How to Make the Light Within Ourselves.-A great book to give as a gift and essential for anyone wanting to learn to live a better and happier life.A perfect manual for living!

I was studying the author's other books for years before I read this one. I thought this would be a simplified version of what was already written elsewhere but I was pleasantly surprised to find it contains instructions for many useful exercises that I hadn't seen before. Whether or not this is actually the best book with which to start learning gnostic practice depends on who is reading. This book ends most chapters with a practical exercise. That's great for people who are open to trying new spiritual practices. I wouldn't recommend it for people who are investigating gnosis from the perspective of another religion though. For Christians, I would recommend starting with the book, Treatise of Revolutionary Psychology, also by the same author. For those who already have a deeper understanding of more than one religious tradition, I recommend reading The Perfect Matrimony first. This book is a good start for people who are interested in meditation or esotericism but not too firmly attached to any particular religious system.

I found this book very stimulating. It has nine lessons that deal with practical approaches to using spirituality whilst living in the modern world. This book is very clear and straight forward. I've read other books by Samael Aun Weor but when coming to read this book it has helped me to understand those other materials especially in regards to meditation as there is a lot of practical advice in regards to meditation that is quite straight forward and easy to understand. He teaches how to enter into the silence of the mind to gain wisdom and insight about any topic, problem etc, meditation on our innermost to gain information and insight etc. I also found the aspect about developing the pineal gland quite intriguing as well as a spiritual non dogmatic perspective on diet and eating. All round a very well written book that is ideal for beginners of gnosis as well as more long term students.

This book is a preview of the teachings of Samael Aun Weor. It quickly gives information that is pertinent to our lives and can be implemented by anyone. After reading it, you will find yourself

wanting to know more.

This book is simple to read, and is a great introduction to the profound mystical teachings- the science of the soul, the key to the mysteries of the universe. Study it well, in a practical way, and see the transformation within.

This is a starting point for what Samael Aun Weor teaches. It is not the only one, but it does offer a glimpse of what it is like. It is not a documentary, or an historical book; it is a self-improvement book. It could help you. Obviously from some comments it hasn't helped everyone :)). But it has helped me, and that is the best review that I can write for a book!

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